

Iyengar Yoga Weekend
with Martin Hall
on Tanera Mór, Summer Isles
30th April – 2nd May 2010



Please complete this form and email to: *lizzie@summer-isles.com*, or post to:
Lizzie Williams, Tanera Mór, Summer Isles, Achiltibuie, Ullapool, Ross-shire, IV26 2YN

Name:	
Address:	
Home Telephone:	
Mobile Telephone:	
Email:	

Do you have any dietary requirements? <i>(All meals will be vegetarian)</i>	
What is your previous Iyengar experience?	

The cost of the weekend is £180. **We require a deposit of £90 to secure the booking.** The balance is of £90 due on 31st March. Please make your cheques payable to: WJ & JE Wilder

How does your name appear on the cheque?	
Lift-sharing to Achiltibuie: Some participants without their own means of transport may find it difficult to travel to Achiltibuie. If you plan to drive, please let us know if you are willing to offer anyone a lift, e.g. from Inverness or Ullapool, or further afield.	
Transport to the Island: On the afternoon Friday 30 th April we will be running a ferry over to the Island from Badentarbet Pier in Achiltibuie at 6pm . If you are unable to arrive at this time, please tell us , and we will liaise accordingly.	
How did you hear about the course?	

Further information:

1. We require a deposit of £90 to secure the booking; the balance of £90 is due on 31st March. If you cancel your booking we will refund the fee (less a £5 administration charge) if we can fill your place on the course.
2. Accommodation will be in single rooms unless you specify otherwise. If you would like to bring a spouse, partner or friend who does not practice Iyengar, we can discuss arrangements. Likewise, if you would like to extend your stay beyond the weekend, please ask.
3. If weather prohibits our crossing to the Island alternative arrangements will be made locally.
4. Bed linen is provided; towels are not.
5. Please bring suitable footwear and outdoor clothing for walking around the Island.

If you have any queries related to booking, please call Lizzie on 01854 622 252